CATEGORY

Health & Wellness

December 2026 · 5 Dates



Saturday, December 5, 2026, 9:00 AM

Ophovener Weiher parkrun. Gemeinsam laufen und spazieren.

Ophovener Weiher (Oulu-See)

free

Health & Wellness, Sports & Games

DETAILS



Friday, December 11, 2026, 6:00 PM – 7:00 PM

Gesundheits-Workshop. FrauenWelten 2026 in Wiesdorf.

Quartierstreff Wiesdorf

free

Health & Wellness

DETAILS



Saturday, December 12, 2026, 9:00 AM

Ophovener Weiher parkrun. Gemeinsam laufen und spazieren.

Ophovener Weiher (Oulu-See)

free

Health & Wellness, Sports & Games

DETAILS



Saturday, December 19, 2026, 9:00 AM

Ophovener Weiher parkrun. Gemeinsam laufen und spazieren.

Ophovener Weiher (Oulu-See)

free

Health & Wellness, Sports & Games

DETAILS



Saturday, December 26, 2026, 9:00 AM

Ophovener Weiher parkrun. Gemeinsam laufen und spazieren.

Ophovener Weiher (Oulu-See)

free

Health & Wellness, Sports & Games

DETAILS